

# Anesthesia Conference Series

## Resiliency Training

Provided by Rutgers Robert Wood Johnson Medical School  
Department of Anesthesiology and Perioperative Medicine

RWJMS, CAB 3405

Wednesday September 17, 2025 | 7:30 – 8:30 AM

Thomas Moore, LCSW

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Promote evidence-based anesthesia care
- Identify and mitigate perioperative risks and recognize potential complications
- Apply state-of-the-art anesthesia techniques to patient care
- Use reflective practice and self-assessment for life-long learning

### Target Audience

This activity is designed for anesthesiologists, surgeons, anesthesia residents, surgical residents, medical students, certified nurse anesthetists, student nurse anesthetists, anesthesia technicians, pediatrics and other healthcare providers interested in the perioperative care of patients.

### Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians:** Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, [www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements.

### Disclosure Declarations

Thomas Moore have no relevant financial relationships with ineligible companies to disclose.

Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity

### Planning Committee

Dr., Benjamin Landgraf (Activity Director/Content Reviewer), Dr. Usman Shah (Activity Director/Content Reviewer), Dr. Keith Lewis and Allyn Brilliant, MSN have no relevant financial relationships with ineligible companies to disclose

Rutgers Health CE Staff: Patrick Dwyer and Elizabeth Ward have no relevant financial relationships with ineligible companies to disclose.