

Anesthesiology Conference Series

Provided by Rutgers Robert Wood Johnson Medical School
Department of Anesthesiology and Perioperative Medicine

Wellbeing and Resiliency Training
RWJMS, CAB 3405
Wednesday, August 19, 2026 | 7:30 – 8:30 AM

Thomas Moore, LCSW

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Promote evidence-based anesthesia care
- Use reflective practice and self-assessment for life-long learning
- Identify and mitigate perioperative risks and recognize potential complications
- Apply state-of-the-art anesthesia techniques to patient care

Target Audience

This activity is designed for anesthesiologists, surgeons, anesthesia residents, surgical residents, medical students, certified nurse anesthetists, student nurse anesthetists, anesthesia technicians, pediatricians and other healthcare providers interested in the perioperative care of patients.

Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements

Disclosure Declarations

Thomas Moore has no relevant financial relationships with ineligible companies to disclose.

Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity

Planning Committee: Activity Directors/Content Reviewers: Drs. Benjamin Landgraf, Asim Raja and Keith P Lewis have no relevant financial relationships with ineligible companies to disclose

Rutgers Health CE Staff: Patrick Dwyer and Elizabeth Ward have no relevant financial relationships with ineligible companies to disclose.