

*CME/CE Certified Activity*

*25<sup>th</sup>*  
**GI**  
Symposium



**Update on the Management of  
Gastrointestinal and Liver Disorders**

**Saturday, April 27, 2019 • 7:00 am – 5:00 pm**

**PROVIDED BY:**

Rutgers Robert Wood Johnson Medical School  
Department of Medicine  
Division of Gastroenterology and Hepatology

**RUTGERS**

Robert Wood Johnson  
Medical School

Westin Jersey City Newport  
479 Washington Boulevard  
Jersey City, NJ 07310



## Overview

New developments in the diagnosis and treatment of gastrointestinal (GI) and liver disorders are complex and ever changing, with new research, clinical trials, techniques, and treatments rapidly altering the field. These advances present challenges for practitioners who are involved in managing patients with these disorders and who must stay abreast of this new information and its application in clinical practice.

Specialists in the field of gastroenterology will provide useful information and wisdom that comes from varied experiences in treating GI and liver disorders. The latest clinical research findings and their application to clinical practice will be discussed. Topics presented will highlight the latest diagnostic techniques, management strategies, and research developments that impact the care of patients with GI and liver disorders.

Armed with the information from this activity, practitioners providing medical care for or co-managing patients with GI and liver disorders can make timely diagnostic, treatment and referral decisions in the context of patient choice and resources within their communities. In addition, participants will be able to prepare the patient for what to expect from recommended tests, consultations and recommended treatment plans.

## Target Audience

This activity is designed for gastroenterologists, primary care physicians, advanced practice nurses, nurses, pharmacists, physician assistants, fellows, and residents involved in the diagnosis, evaluation, management, and treatment of patients with GI and liver disorders. Additionally, social workers, case managers, and representatives of the medical insurance industry will find this activity useful.

## Learning Objectives

Upon completion of this activity, participants should be better able to:

- Assess the latest evidence-based management for the care of patients with gastrointestinal and liver disease.
- Evaluate the clinical efficacy and safety of therapeutic options for the management of gastrointestinal and liver disease.
- Review recently published literature and professional society guidelines pertaining to the evaluation and treatment of gastrointestinal and liver disease.
- Evaluate the latest clinical research findings for gastrointestinal and liver disease management and their application into clinical practice.

## Accreditation



ACCME  
ACCREDITED  
ACCREDITED

In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

This activity is awarded 8 contact hours. (60 minute CH).

### Pharmacists

This knowledge-based activity qualifies for 8 contact hours of continuing pharmacy education credit.

NABP e-Profile ID and date of birth will be collected during registration. CPE credit will be processed after the program evaluation has closed to participants, which will be three to four weeks following the activity date.

Nurses and pharmacists should claim only those contact hours actually spent participating in the activity.

### Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 8 Category 1 credits for completing this activity.

### ABIM MOC Points

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected to check in at the registration desk, attend the program and complete an online evaluation form at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the online evaluation survey.

## Activity Director

### **Vinod K. Rustgi, MD, MBA, FAASLD, FACP, AGAF, FAGG, FRCP**

Professor of Medicine, Clinical Director of Hepatology, Director, Center for Liver Diseases and Liver Masses, Professor of Pathology and Laboratory Medicine, Rutgers Robert Wood Johnson Medical School; Professor of Epidemiology, Rutgers School of Public Health, New Brunswick, NJ

## Guest Faculty

### **Douglas T. Dieterich, MD**

Director, Institute for Liver Medicine, Professor of Medicine, Division of Liver Disease, Icahn School of Medicine at Mount Sinai, New York, NY

### **Paul J. Gaglio, MD, FACP, AGAF, FAASLD**

Professor of Medicine (in Surgery), Director of Hepatology Outreach, Columbia University Irving Medical Center, NewYork Presbyterian/Columbia University Irving Medical Center, New York, NY

### **Fredric D. Gordon, MD, AGAF, FAASLD, FAST**

Vice-Chair, Division of Transplantation and Hepatobiliary Diseases, Director of Hepatology, Lahey Hospital and Medical Center, Burlington, MA; Associate Professor of Medicine, Tufts Medical School, Boston, MA

### **Nikolaos Pyrsopoulos, MD, PhD, MBA, FACP, AGAF, FAASLD, FRCP (Edin)**

Professor of Medicine, Chief of Gastroenterology and Hepatology, Professor of Physiology, Pharmacology and Neuroscience, President, Faculty Organization, Rutgers New Jersey Medical School; Medical Director, Liver Transplantation, University Hospital, Newark, NJ

### **Anil K. Rustgi, MD**

Irving Professor of Medicine, Associate Dean of Oncology, Vagelos College of Physicians & Surgeons, Columbia University Irving Medical Center; Director, Herbert Irving Comprehensive Cancer Center, Columbia University Irving Medical Center and NewYork Presbyterian/Columbia University Irving Medical Center; Director, Cancer Services, NewYork Presbyterian/Columbia University Irving Medical Center, New York, NY

### **Michael J. Ryan, MD**

Professor of Medicine, Eastern Virginia Medical School, Norfolk, VA

### **Susan E. Williams, MS, RD, MD, FACN, FACP, FACE**

Associate Staff Physician, Endocrinology & Metabolism Institute, Cleveland Clinic, Associate Professor of Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Cleveland, OH; Clinical Associate Professor of Medicine - Emeritus, Wright State University Boonshoft School of Medicine, Dayton, OH

## Rutgers Robert Wood Johnson Medical School Faculty

### **Vicky Bhagat, MD, MPH**

Gastroenterology Fellow

### **Steven R. Brant, MD**

Professor of Medicine, Chief, Division of Gastroenterology and Hepatology, Executive Director, Crohns and Colitis Center of New Jersey; Adjunct Professor, Department of Genetics, Rutgers School of Arts and Sciences and The Human Genetics Institute of New Jersey

### **Ruby Greywoode, MD**

Assistant Professor of Medicine

### **Salma K. Jabbour, MD**

Professor and Vice Chair of Clinical Research and Faculty Development, Department of Radiation Oncology, Rutgers Robert Wood Johnson Medical School and Rutgers Cancer Institute of New Jersey

### **Michel Kahaleh, MD, AGAF, FAGG, FASGE**

Professor of Medicine, Clinical Director of Gastroenterology, Chief of Endoscopy, Director of Pancreas Program, Department of Medicine, Rutgers Robert Wood Johnson Medical School/Robert Wood Johnson University Hospital

### **C. Andrew Kistler, MD, PharmD**

Assistant Professor of Medicine

### **Avantika Mishra, MD**

Gastroenterology Fellow

### **John L. Noshier, MD**

Chair and Clinical Professor, Department of Radiology, Chief, Vascular and Interventional Radiology

### **Anish V. Patel, MD**

Assistant Professor of Medicine

### **James R. Penn, MD**

Gastroenterology Fellow

### **Avik Sarkar, MD**

Assistant Professor of Medicine, Director, Bariatric Endoscopy Program

### **Frank J. Senatore, MD**

Gastroenterology Fellow

### **Darren N. Seril, MD, PhD**

Assistant Professor of Medicine, Director, Inflammatory Bowel Disease Program

### **Haroon Shahid, MD**

Assistant Professor of Medicine, Director, Endoscopic Ultrasound

### **Kristen Spencer, DO, MPH**

Assistant Professor of Medicine, Division of Medical Oncology, Rutgers Robert Wood Johnson Medical School and Rutgers Cancer Institute of New Jersey

### **Amy Tyberg, MD**

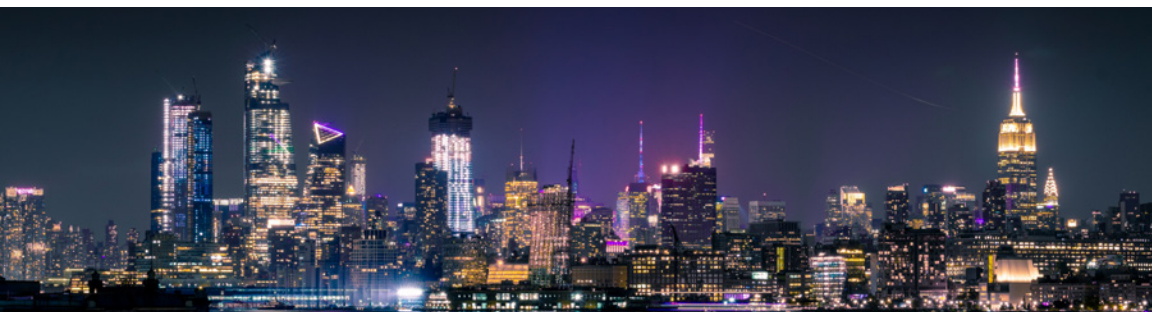
Assistant Professor of Medicine, Associate Director of Endoscopy

All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

Rutgers reserves the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary. If the activity is cancelled, liability is limited to the registration fee.

# Program Agenda

- 7:00 a.m. Continental Breakfast/Registration/Exhibits
- 7:50 a.m. Welcome and Opening Remarks ..... Vinod K. Rustgi, MD, MBA
- 8:00 a.m. IBD: Where Are We and Where Are We Going? ..... Steven R. Brant, MD
- 8:30 a.m. IBD: Controversies in Clinical Management ..... Panel: Ruby Greywoode, MD  
Darren N. Seril, MD, PhD, Steven R. Brant, MD
- 9:15 a.m. Colon Cancer: Understanding Biology for Clinicians..... Anil K. Rustgi, MD
- 9:45 a.m. *C difficile* Infection: Antibiotics, Fecal Transplants ..... C. Andrew Kistler, MD, PharmD
- 10:15 a.m. Refreshment Break/Exhibits
- 10:30 a.m. Medical Marijuana and Gastroenterology ..... Michael J. Ryan, MD
- 11:00 a.m. Frontiers of Endoscopy ..... Michel Kahaleh, MD, Amy Tyberg, MD  
Haroon Shahid, MD, Avik Sarkar, MD
- 12:00 p.m. Break/Exhibits
- 12:15 p.m. Concurrent Workshops Luncheon
- A) Challenging Liver Cases ..... James R. Penn, MD, Douglas T. Dieterich, MD, Paul J. Gaglio, MD
- B) Challenging GI Cases ..... Avantika Mishra, MD, Anil K. Rustgi, MD, Steven R. Brant, MD
- C) Challenging Endoscopic Management ..... Vicky Bhagat, MD, MPH, Michel Kahaleh, MD  
Amy Tyberg, MD, Haroon Shahid, MD, Avik Sarkar, MD
- D) Primer on Nutrition ..... Frank J. Senatore, MD, Anish V. Patel, MD  
Susan E. Williams, MS, RD, MD
- 1:00 p.m. Break/Exhibits
- 1:15 p.m. Malnutrition in Our Hospitalized Patients..... Susan E. Williams, MS, RS, MD
- 1:45 p.m. Hepatitis B and C: Hot Off the Press ..... Douglas T. Dieterich, MD
- 2:15 p.m. NAFLD/NASH: Epidemic or Epigenetic ..... Paul J. Gaglio, MD
- 2:45 p.m. Hepatic Encephalopathy ..... Fredric D. Gordon, MD
- 3:15 p.m. Refreshment Break/Exhibits
- 3:30 p.m. Liver Transplantation and Medical Management ..... Nikolaos Pappas, MD, PhD, MBA
- 4:00 p.m. HCC, Cholangiocarcinoma and Management..... Panel: John L. Noshier, MD, Salma K. Jabbour, MD  
Vinod K. Rustgi, MD, MBA, Kristen Spencer, DO, MPH
- 5:00 p.m. Adjourn



# General Information

Registration	Early Bird Through 4/1/2019	After 4/1/2019
Physician	\$175	\$195
Other Healthcare Professional	\$75	\$95
RBHS/RWJBarnabas Faculty/Staff	\$75	\$95
Resident/Fellow*	\$15	\$25
RBHS/RWJBarnabas Resident/Fellow*	Complimentary	

\*Registration must be accompanied by program director's letter confirming resident/fellow status. Please upload your letter when registering or fax to 973-972-3371.

Registrants may be asked to furnish documentation confirming their employment status in order to be eligible for a reduced rate. If it is determined that a registrant does not meet the eligibility criteria, the registrant will be required to pay the necessary tuition fee.

Registration fee includes continental breakfast, refreshment breaks, lunch, continuing education credits, and course material. Registration can only be accepted through our secure on-line website until April 23, 2019. Pre-registration is recommended. On-site registration will be accommodated on a space available basis.

**To Register:** [rutgers.cloud-cme.com/25GISymposium](http://rutgers.cloud-cme.com/25GISymposium)

*Please note that this is a new registration system and you must create a new account in order to register.*

## Course Material

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. In addition, internet access will be available during the day of the activity so we encourage attendees to bring a laptop or tablet. Additional information will be provided in future confirmation communications.

## Confirmation

Once registered, you will receive a confirmation message and additional information to assist you with your plans to participate in the activity.

## Cancellation Fee/Refund

A full refund, less a \$25 cancellation fee, will be granted if notice is received no later than April 26, 2019. Refunds will not be issued for any cancellation received after April 26, 2019 and cannot be given for no shows. To cancel, please contact CCOE by email at [ccoe@rbhs.rutgers.edu](mailto:ccoe@rbhs.rutgers.edu). Resident/fellow tuition fees are non-refundable.

## For Additional Information

For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at [ccoe@rbhs.rutgers.edu](mailto:ccoe@rbhs.rutgers.edu).

## Location

Westin Jersey City Newport  
479 Washington Boulevard  
Jersey City, NJ 07310

For hotel reservations, call the hotel directly at (201) 626-2900 or visit their web site at [goo.gl/HT8GA3](http://goo.gl/HT8GA3)

## Parking

Parking is available at the Westin. Prevailing daily rates apply.



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30 Bergen Street • ADMC 7 • Newark, NJ 07107-3000

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