

**Cover Page**

# The Eighth Evidence-Based Pediatric Update Symposium

CME/CE Certified Activity  
Saturday, November 13, 2021  
7:30 am - 2:00 pm

## Live Virtual Event


Provided by:  
Rutgers New Jersey Medical School  
Department of Pediatrics

in collaboration with

The Bristol-Myers Squibb Children's Hospital  
at Robert Wood Johnson University Hospital  
and  
Children's Specialized Hospital  
An RWJBarnabas Health Facility



**Mail Panel**

 <p>Center for Continuing and Outreach Education 30 Bergen Street • ADMC 7 • Newark, NJ 07107-3000</p>	<p>Non-Profit Organization U.S. Postage <b>PAID</b> Rutgers University</p>
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# The Eighth Evidence-Based Pediatric Update Symposium

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## Live Virtual Event

To Register: <https://rutgers.cloud-cme/RU8PediatricSymposium>

## Overview

A wide range of diseases and conditions that affect children and adolescents cause significant mortality and morbidity. These diseases present challenges to clinicians who diagnose and manage patients with these disorders on a daily basis. Providers must be able to identify, diagnose, treat, and refer when necessary, a wide range of pediatric conditions. In addition to the significant morbidity and mortality that can occur without proper diagnosis and treatment, health care costs can be increased due to unnecessary testing and improper referral.

This activity will highlight the latest diagnostic techniques and management strategies that impact the care of patients with common and complex pediatric disorders. The latest clinical research findings and their application to clinical practice will also be presented.

Armed with the information from this activity, clinicians will be able to make timely diagnostic, treatment and referral decisions in the context of patient choice and the resources within their communities. In addition, providers will be able to prepare patients and their caretakers for what to expect from recommended testing, consultations and treatment plans

## Target Audience

This activity is designed for primary health care providers involved in the diagnosis, evaluation, management, and treatment of patients with pediatric disorders; this includes, but is not limited to, pediatricians, family practice physicians, physician assistants, nurse practitioners, registered nurses, residents and fellows.

## Learning Objectives

Upon completion of this activity, participants should be better able to:

- Recognize childhood conditions commonly presented in the pediatric practice setting
- Assess current practice guidelines managing common pediatric health concerns
- Identify effective strategies for diagnosing and managing challenging clinical problems in practice
- Review recent advances in biomedical and behavioral sciences that will impact the medical care of children
- Recognize the pathologies for specific medical conditions that may require consultation and/or evaluation by a specialist.

## Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

This activity is awarded 5.25 contact hours. (60 minute CH). Nurses should only claim those contact hours actually spent participating in the activity.

### **Physician Assistants**

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 5.25 Category 1 credits for completing this activity.

### **American Board of Pediatrics' MOC Points**



Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 5.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

### **Method of Participation**

In order to meet the learning objectives and receive continuing education credits, participants are expected to formally register for the activity, watch the webcast and complete an on-line evaluation form at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the on-line evaluation survey.

## **Faculty**

### **Activity Director**

#### **Benjamin J. Lentzner, MD**

Associate Professor of Pediatrics, Division of Pediatric Cardiology, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ

### **Rutgers Robert Wood Johnson Medical School Faculty**

#### **Indira Amato, MD**

Associate Professor of Pediatrics

#### **Kristen Capone, MD**

Assistant Professor of Pediatrics, Division of Pediatric Gastroenterology

#### **Mariam Gangat, MD**

Associate Professor of Pediatrics, Division of Pediatric Endocrinology

#### **Sunanda Gaur, MD**

Professor of Pediatrics, Division of Allergy, Immunology and Infectious Diseases; Director, Pediatric Clinical Research Center; Director, South Asian Total Health Initiative

#### **Shawen Ilaria, MD**

Assistant Professor of Psychiatry, Division of Child and Adolescent Psychiatry; Assistant Program Director, Child and Adolescent Psychiatry Fellowship

#### **Elizaveta Iofel, MD**

Assistant Professor of Pediatrics, Division of Pediatric Gastroenterology

#### **Amisha Malhotra, MD**

Associate Professor of Pediatrics, Division of Pediatric Allergy, Immunology, and Infectious Diseases

#### **Thomas G. McPartland, MD**

Clinical Assistant Professor of Orthopedic Surgery

#### **Shilpa Pai, MD**

Associate Professor of Pediatrics; Director, Resident Education in Advocacy and Community Health

All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/ investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

Agenda	Saturday, November 13, 2021
7:30 am	Virtual Exhibit Hall
7:45 am	Welcome and Introduction Benjamin J. Lentzner, MD
8:00 am	<b>The Kids are NOT Alright: The Impacts of Social Distancing on Children</b> Shilpa Pai, MD
8:35 am	<b>The COVID-19 Vaccines: An Update</b> Sunanda Gaur, MD
9:10 am	<b>Diagnosis and Treatment of Celiac Disease and Other Gluten-Related Disorders</b> Kristen Capone, MD
9:45 am	Break/Virtual Exhibit Hall
10:05 am	<b>Childhood Dyslipidemia: From Screening to Treatment</b> Elizaveta Iofel, MD
10:40 am	<b>Health Disparities in the Pediatric Population</b> Indira Amato, MD
11:15 am	<b>Diagnosis and Treatment of Polycystic Ovary Syndrome during Adolescence</b> Mariam Gangat, MD
11:50 am	Break/Virtual Exhibit Hall
12:10 pm	<b>Eating Disorders: Early Identification and Current Guidelines in Treatment</b> Shawen Ilaria, MD
12:45 pm	<b>Our Experience with MIS-C in the COVID-19 Global Pandemic</b> Amisha Malhotra, MD
1:20 pm	<b>Overuse Injuries: Current Guidelines and Interventions</b> Thomas G. McPartland, MD
2:00 pm	Adjourn

## General Information

Registration Fees	Through 10/31/2021	After 10/31/2021
Physician	\$90	\$110
Other Healthcare Professional	\$75	\$95
RBHS/RWJBarnabas Faculty/Staff	\$60	\$75
Resident/Fellow/Healthcare Student*	\$0	\$15

\*Registration must be accompanied by program director's letter confirming resident/fellow status. Please fax the letter to 973-972-3371.

Registration fee includes continuing education credits and course material. Registration can only be accepted through our secure on-line website through November 10, 2021. Registration will not be confirmed until payment is received. If payment is not received in time for the activity, Rutgers reserves the right to cancel the registration.

### Pre-registration is required.

**To Register:** <https://rutgers.cloud-cme.com/RU8PediatricSymposium>

### Course Material

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. Additional information will be provided in future confirmation communications.

### Confirmation

Once registered, you will receive an email confirmation. As the activity date approaches, you will receive additional information to assist you with your plans to participate in this activity.

### Virtual Meeting via WebEx

Additional information and instructions for WebEx access will be emailed registrants the week of November 8, 2021.

### Cancellation Fee/Refund

A full refund, less a \$25 cancellation fee, will be granted if notice is received no later than November 12, 2021. Refunds will not be issued for any cancellations received after November 12, 2021 and cannot be given for no shows. To cancel, please contact CCOE by email at [ccoe@rbhs.rutgers.edu](mailto:ccoe@rbhs.rutgers.edu).

### For Additional Information

For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at [ccoe@rbhs.rutgers.edu](mailto:ccoe@rbhs.rutgers.edu).

Rutgers reserves the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary. If the activity is cancelled, liability is limited to the registration fee.

Activity Code: 22MR05