The Sixth Evidence-Based Pediatric Update Symposium

Saturday, November 2, 2019
7:00 am – 2:30 pm

LOCATION:
Rutgers Robert Wood Johnson Medical School
Clinical Academic Building
125 Paterson Street
New Brunswick, NJ 08901

PROVIDED BY:
Rutgers Robert Wood Johnson Medical School
Department of Pediatrics
in collaboration with
The Bristol-Myers Squibb Children’s Hospital
at Robert Wood Johnson University Hospital
Overview
A wide range of diseases and conditions that affect children and adolescents cause significant mortality and morbidity. These diseases present challenges to clinicians who diagnose and manage patients with these disorders on a daily basis. Providers must be able to identify, diagnose, treat, and refer when necessary, a wide range of pediatric conditions. In addition to the significant morbidity and mortality that can occur without proper diagnosis and treatment, health care costs can be increased due to unnecessary testing and improper referral.

This activity will highlight the latest diagnostic techniques and management strategies that impact the care of patients with common and complex pediatric disorders. The latest clinical research findings and their application to clinical practice will also be presented.

Armed with the information from this activity, clinicians will be able to make timely diagnostic, treatment and referral decisions in the context of patient choice and the resources within their communities. In addition, providers will be able to prepare patients and their caretakers for what to expect from recommended testing, consultations and treatment plans.

Target Audience
This activity is designed for primary health care providers involved in the diagnosis, evaluation, management, and treatment of patients with pediatric disorders; this includes, but is not limited to, pediatricians, family practice physicians, physician assistants, nurse practitioners, and registered nurses.

Learning Objectives
Upon completion of this activity, participants should be better able to:

- Recognize childhood conditions commonly presented in the pediatric practice setting
- Assess current practice guidelines managing common pediatric health concerns
- Identify effective strategies for diagnosing and managing challenging clinical problems in practice
- Review recent advances in biomedical and behavioral sciences that will impact the medical care of children
- Recognize the pathologies for specific medical conditions that may require consultation and/or evaluation by a specialist

Accreditation
In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians
Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses
This activity is awarded 5.25 contact hours. (60 minute CH) Nurses should only claim those contact hours actually spent participating in the activity.

Physician Assistants
AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 5.25 Category 1 credits for completing this activity.

American Board of Pediatrics’ MOC Points
Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 5.25 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Method of Participation
In order to meet the learning objectives and receive continuing education credits, participants are expected to check in at the registration desk, attend the program and complete an online evaluation form at the conclusion of the activity. A letter certifying attendance and credit verification will be emailed to participants upon completion of the online evaluation survey.
All individuals who affect the content of continuing education activities are required to disclose to the audience any real or apparent conflict of interest related to the activity. The activity faculty are further required to disclose discussion of off-label/investigational uses in their presentations. These disclosures will be made to the audience at the time of the activity.

Rutgers reserves the right to modify program content, faculty and program activities. It also reserves the right to cancel the activity if necessary. If the activity is cancelled, liability is limited to the registration fee.

Faculty

**Activity Director**

Benjamin J. Lentzner, MD  
Associate Professor of Pediatrics, Division of Pediatric Cardiology  
Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ

**Rutgers Robert Wood Johnson Medical School Faculty**

Ronke Babalola, MD, MPH  
Assistant Professor of Psychiatry, Division of Child and Adolescent Psychiatry

Monica Chugh, MD  
Assistant Professor of Pediatrics, Division of Pediatric Cardiology and the Children’s Heart Program of New Jersey

Abdolreza Esfahanizadeh, MD  
Assistant Professor of Pediatrics, Division of Child Neurology and Neurodevelopmental Disabilities

Ahmed Khattab, MD  
Assistant Professor of Pediatrics, Division of Pediatric Endocrinology

Soula Koniaris, MD  
Associate Professor of Pediatrics, Chief, Division of Pediatric Gastroenterology

Kelvin M. Kwong, MD  
Assistant Professor of Otolaryngology–Head and Neck Surgery, Division of Pediatric Otolaryngology

Susan Murphy, MD  
Assistant Professor of Pediatrics, Division of Pediatric Hematology/Oncology; Director, Pediatric Thrombosis and Hemostasis, Rutgers Cancer Institute of New Jersey

Shaheen Timmapuri, MD  
Assistant Professor of Surgery and Pediatrics, Division of Pediatric Surgery

Patricia N. Whitley-Williams, MD  
Professor of Pediatrics, Chief, Division of Pediatric Allergy, Immunology and Infectious Diseases; Associate Dean for Inclusion and Diversity
7:00 am  Registration/Continental Breakfast/Exhibits

7:45 am  Welcome and Introduction..............................Benjamin J. Lentzer, MD

8:00 am  Pediatric/Adolescent Obesity
         and the Controversy of Bariatric Intervention.........Ahmed Khattab, MD

8:35 am  Treatments of Pediatric Obstructive Sleep Apnea
         Beyond Tonsillectomy and Adenoidectomy ..........Kelvin M. Kwong, MD

9:10 am  Bringing ECMO to Central New Jersey..........Shaheen Timmapuri, MD

9:45 am  Refreshment Break/Exhibits

10:00 am Recognizing, Diagnosing and Treating Anxiety
         in NJ Youth.............................................Ronke Babalola, MD, MPH

10:35 am Cardiotoxic Effects of Chemotherapy
         in Pediatric Oncology Patients..........................Monica Chugh, MD

11:10 am Pediatric Vascular Anomalies..........................Susan Murphy, MD

11:45 am Lunch/Exhibits

12:45 pm Treating Children with Inflammatory Bowel Disease:
         What’s Current And New ..................................Soula Koniaris, MD

1:20 pm  Vaccine Hesitancy:
         A Major Public Health Threat .........................Patricia N. Whitley-Williams, MD

1:55 pm  “Was It a Concussion?”
         What Do We Know and Need to Know
         about Pediatric Concussion............................Abdolreza Esfahanizadeh, MD

2:30 pm  Adjourn
Registration must be accompanied by program director’s letter confirming resident/fellow status. Please upload your letter when registering or fax to 973-972-3371.

Registrants may be asked to furnish documentation confirming their employment status in order to be eligible for a reduced rate. If it is determined that a registrant does not meet the eligibility criteria, the registrant will be required to pay the necessary tuition fee.

Registration fee includes continental breakfast, refreshment break, lunch, continuing education credits, and course material. Registration can only be accepted through our secure on-line website until October 29, 2019. Pre-registration is recommended. On-site registration will be accommodated on a space available basis.

To Register: rutgers.cloud-cme.com/2019PediatricSymposium
Please note that this is a new registration system and you must create a new account in order to register.

Course Material
In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. In addition, internet access will be available during the day of the activity so we encourage attendees to bring a laptop or tablet. Additional information will be provided in future confirmation communications.

Confirmation
Once registered, you will receive a confirmation letter and additional information to assist you with your plans to participate in the activity.

Cancellation Fee/Refund
A full refund, less a $25 cancellation fee, will be granted if notice is received no later than November 1, 2019. Refunds will not be issued for any cancellation received after November 1, 2019 and cannot be given for no shows. To cancel, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

For Additional Information
For additional information, questions, concerns, or if you require special arrangements to attend this activity, please contact CCOE at ccoe@rbhs.rutgers.edu.

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<th>Registration Fees</th>
<th>Through 10/29/19</th>
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